

Complete an Assessment

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1. From the **My Tracker** menu, select **Assessment Progress**.

The screenshot shows the Pathful 'My Tracker' dashboard. The 'Assessment progress' tab is highlighted with a red box. The dashboard includes sections for 'Welcome, Susan', 'Your Assessments', 'Your Goals', 'Postsecondary Plan', 'My matches', 'Credentials', 'Resume builder', 'Lesson progress', 'Cover letter builder', and 'Goal setting'.

2. Select the desired assessment tab: Interest, Interest Lite, Work Values, Personality, or Skills. You can read about each assessment in the Assessments Overview article.
3. Select **Start New**.
4. Some assessments have more detailed instructions or begin with sample questions. Follow the prompts on the screen to start your chosen assessment.
5. If you have previously started an assessment, follow the steps above, and select **Return** to continue an assessment.

The screenshot shows the Pathful 'My tracker' page. The 'Assessment progress' tab is selected. The 'Interest' tab is highlighted with a red box. The 'Start New' button is also highlighted with a red box.