Complete an Employability Journal Entry

Last Modified on 10/22/2024 10:24 am EDT

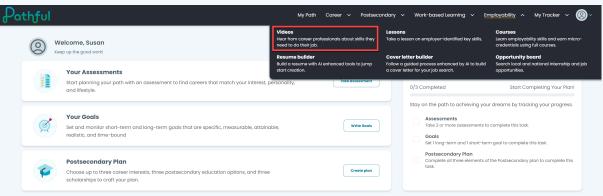
The Employability Journal is where users can take notes on skills, tips, and professional goals.

Users can record any of the following information:

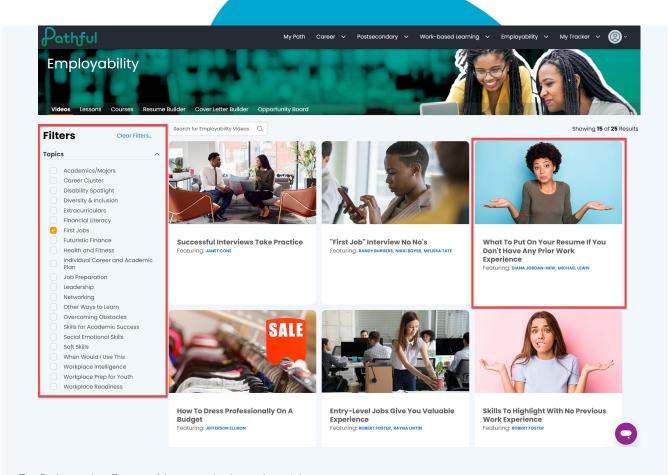
- Sliding scale to Rate Your Interest (1-10)
- Skills required
- My Goals
- My Future
- Summary

Employability Journal entries can be edited at any time.

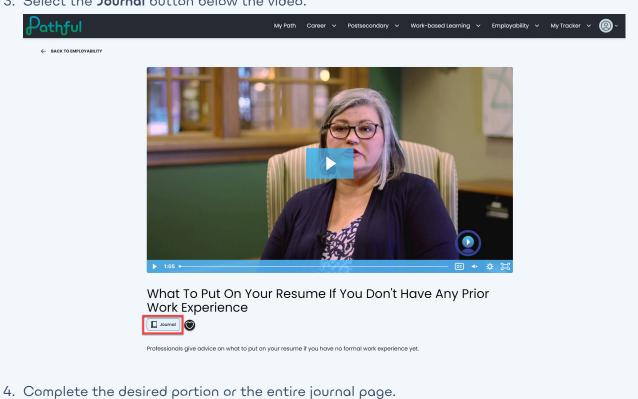
1. From the Employability drop-down menu, select Videos.



2. Locate and select the desired video using the Search box or filters.



3. Select the Journal button below the video.



5. Select **Submit** when you are finished. - Journal **Rate Your Interest:** Summarize the video you just watched in three complete sentences. Is this a skill you possess or need to improve on? How might this skill help move you toward your goals? Provide a specific example. How might you grow this skill? Think of a particular plan of action(s). 6. You can return to this entry anytime to edit it.